

**E▶Eye**

**PROTOCOL**  
Stimulation of the  
Meibomian glands



**E▶Swin**

PREMIER FABRICANT FRANÇAIS DE HAUTES TECHNOLOGIES DE LUMIÈRE

## STIMULATION OF THE MEIBOMIAN GLANDS PROTOCOL

### BEFORE THE SESSION:

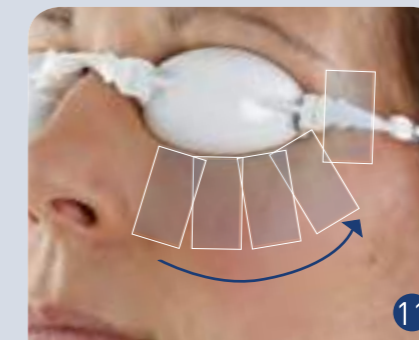
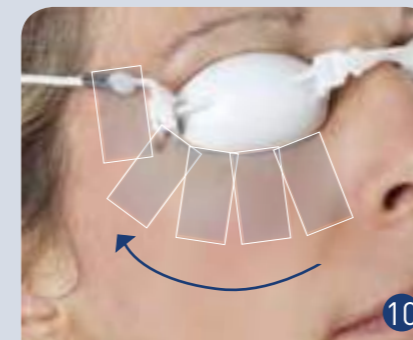
- Explain the technology and the principle of meibomian gland stimulation to the patient.
- Check for any contraindication to pulsed light.
- Explain about the fees for a session and other fixed prices.
- Ask the patient to carefully read the informed consent form ①.
- Ask the patient to complete and sign the informed consent form ②.
- Ask the patient to arrive at the session without any cosmetic product on the skin.

### AT THE SESSION:

- Make sure the patient has no contraindications (in particular, no current treatment).
- Make sure there are no cosmetic products on the skin and if necessary remove them with a fragrance-free micellar lotion ③.
- Mask any moles and other brown spots with *patches*.
- Put on your patient the safety *eye mask* and check their correct positioning ④.
- **Apply a generous quantity of gel (minimum 1cm thick) on the lower eyelid (cutaneous flank) and carefully pay attention it does not enter the eye mask ⑤.**
- Gradually adjust the power as the session progresses depending on the patient's experience and the obtained results ⑥.
- Unlock the safety devices ⑦.
- Put your goggles *mask* on ⑧.
- Apply 5 flashes on the left half-face ⑨, starting from the inner canthus of the eye and ending on the temporal region ⑩.
- Repeat on the right half-face ⑪.
- Switch off the machine at the end of the session.
- Remove the *gel* and rinse the skin ⑫.

### AFTER THE SESSION:

- Warn the patient that some redness might appear.
- Tell the patient not to have any other treatment on the flashed areas during the entire cycle of sessions.
- Schedule the second session for two weeks later (Day 0 + 15) and then the other sessions at Day 0 + 45 (Day 0 + 75 optional).
- Tell the patient to use sunscreen on the areas flashed when exposed to UV.



# E-EYE: a French innovation



Ref. : M029GB002A08A

The E-EYE, designed and manufactured by E-Swin (France), is a device of health regulated of class IIB, with CE marking delivered by CE 0499. It treats the meibomian blepharitis. Observe and respect conditions in the user manual.

